







# TODAY'S PLAN OF ATTACK

Date:

Aim:

To do:	
<i>school</i>	<i>other</i>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
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<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Time:	Plans:
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>

Glasses of water:
  
  

Notes:

3 things that made you happy:
☀
☀
☀

BREAKFAST
LUNCH
DINNER
SNACKS