

## 新托福写作词汇小伙伴

### 第一章 七类核心词汇总结

#### 一、媒体类比背词汇

paparazzi 狗仔队

mass media 大众媒体

entertainment 娱乐

journalism 新闻业

journal 期刊

the latest news 最新消息

exclusive news 独家新闻

news agency 新闻社

news block out 新闻封锁

news censorship 新闻是审查

freedom of the press 新闻自由

coverage 新闻报道

do reportage on ... 报道...

hit the headlines 上头条

issue 出版, 发行

newsstand 报摊

free-lancer writer 自由撰稿人

chief editor 总编

editorial 社论

newsworthy 值得报道的

barometer 晴雨表

the barometer of public opinion 舆论的晴雨表

live broadcast 直播

quiz show 智力竞赛节目

game show 游戏节目  
variety show 综合节目  
talk show 脱口秀  
sitcom 情景喜剧  
soap opera 肥皂剧  
movie star 电影明星  
movie king 影帝  
movie queen 影后  
affair 绯闻  
celebrity 名人  
fame 名声  
rise to fame 声名鹊起  
fan 热心追求者  
invade one' s privacy 侵扰了…的隐私  
misleading 误导性的  
cheating 欺骗性的  
popularity 知名度  
scandal 丑闻  
sensational 轰动的,耸人听闻的  
prevalent 普遍的,流行的  
imperative 重要的,必要的  
audience ratings 收视率  
propaganda 宣传  
be abducted by 受…诱导  
purify one' s soul 净化心灵  
live in a virtual world 生活在一个虚拟世界中  
be a great comfort to somebody 对…来说是一个巨大安慰  
meet different tastes 满足不同口味

provide somebody with something 给...提供...

follow the fashion blindly 盲目追求时尚

commit crimes 犯罪

be inconceivable to somebody 对...来说是难以想象的

- It sounds inconceivable but is the naked truth.

这听起来不可思议，但却绝对是事实。

impressive 给人印象深刻的

right to know 知情权

in the disguise of... 打着...的幌子

endanger social stability and safety 危害社会稳定和安全

information era 信息时代

keep one informed about something 是某人了解...

audience/viewers 观众

have unhealthy and harmful effects on... 对...有不良影响

information-explosion society 信息爆炸的社会

influential 有影响的

revolutionize the way we acquire information 彻底改变我们获取信息的方式

blessing 福

curse 祸

various thrilling programs 各种各样激动人心的节目 cdas

poor-quality programs 低质量节目

ever-accelerated 不断发展的

exaggerate 夸张

enjoyable 令人享受的

fashionable 时尚的

electromagnetic radiation 电磁辐射

psychological illnesses 心理疾病

isolated 孤僻的

unimaginative 缺乏想象力的

unsociable 不好社交的

deprive somebody of one's imagination and creativity 使...失去想象力和创造力

jeopardize/ruin one's health 危害健康

be exposed to ... 了解到..., 接触到...

find its way into every family 进入千家万户

global village 地球村

be indulged in ... 沉溺于...

be addicted to... 对...上瘾

be fascinated by ... 被...所吸引

be dependent on... 依赖...

second-hand information 二手信息

go astray 误入歧途

embark on the criminal road 走上犯罪道路

irresistible 无法抵制的

hallmark 标志

create topics of discussion 制造交谈话题

critical thinking 批判性思维

powerful means of communication 有力的交流工具

main cause 主因

tempting 有诱惑力的

reliable 可靠的

family attachment 家庭归属感

mutual understanding 相互了解

alienation of affection 感情疏远

be sick of ... 对...厌倦

generation gap 代沟

exchanges of feelings 感情交流

emotional bond 感情纽带

strengthen family ties 加强家庭纽带关系

be detached from reality 与现实隔绝

distinguish right from wrong 明辨是非

edifying 有教育意义的

In the 18th century art was seen, along with music and poetry, as something edifying.

A couch potato 电视迷

be harmful to... 对...有害

imitate 模仿

inexpressible 难以形容的

physical and mental healthy 身心健康

stimulate one's imagination and creativity 激发某人的想象力和创造力

unwholesome lifestyle 不健康的生活方式

a great deal of information 大量的信息

二、工作累必背词汇

ambitious 雄心壮志的，野心勃勃的

adaptability 适应性

• These, I think, are some of the key drivers for Change, Innovation and Adaptability.

我认为这些是变革、创新和适应性的关键驱动力。

adapt oneself to... 使自己...

prosperity 繁荣

• The city took on an air of prosperity.

这个城市呈现出繁荣的景象。

a body of 一片，大量， ^ + w a t e r / l a w s

pave one's way for 为……做好准备，铺平……的道路

be disadvantageous to ... 对...不利

flow of personnel 人才流动

mechanism of personnel flow 人才流动机制

survival of the fittest 适者生存

a sense of accomplishment 成就感

potentiality 潜能

learn to cooperate and compromise 学习合作和妥协

be deeply impressed with... 对...印象很深

company philosophy 企业文化

flexibility 灵活性

competitive 竞争激烈的

arena 舞台

- Without them, we might never venture into the "real love" arena.

没有它们，我们可能永远也不会涉足“真爱”的舞台。

team - work spirit 团队合作精神

treasure opportunity 珍惜机会

a fat salary 收入颇丰

a harmonious interpersonal relationship 和谐的人际关系

a sense of responsibility 责任感

material gains 物质待遇

a promising future 光明的前途

bright prospect 光明的前景

a challenging job 一份具有挑战性的工作

turning point 转折点

be closely related to... 与...息息相关

get advanced in the society 出人头地

a decent job 一份体面的工作

a chance of promotion 升迁机会

stability and satisfaction 稳定感和满足感

keep skills fresh and up-to-date 使技能可以不断更新

expand one' s horizon 开阔视野

balance work and life 平衡工作和生活

shoulder/undertake one' s responsibility 承担自己的责任

a well-paid job 高收入工作

stand up to / meet the challenge 迎接挑战

1. 1.

PHRASAL VERB If something stands up to bad conditions, it is not damaged or harmed by them. 经受住

例:

Is this building going to stand up to the strongest gales?

这座建筑能经得住最强劲的大风吗?

realize the value of life 实现人生价值

enrich one' s social experience 丰富一个人的社会阅历

cultivate one' s independence and toughness 培养自己的独立性和坚韧性

seek for personal development 追求个人发展

display one' s talent 展示才能

a sense of self-fulfillment 自我实现感

a promotion opportunity 提升机会

meet one' s personalized needs 满足某个人个性化需求

define one' s role 确定自己的角色

social recognition 社会认可

accumulate experience 积累经验

inspiring 鼓舞人心的

motivation 动机

workaholic 工作狂

working environment 工作环境

work overtime 加班

improve one' s capabilities 提高某人能力

develop one's talents 培养才智

ideal/optimum workplace 理想工作场所

Try to do some physical activity three times a week for optimum health.

试着每星期锻炼身体 3 次，以达到最佳的健康状态。

master interpersonal skills 掌握人际交往技能

三、社会类必背词汇

urbanization 城市化

centralization 集中化

imbalance 不平衡

in the long run 从长远角度而言

infrastructure 基础设施

booming 繁荣发展的 ~economy

tertiary industry 第三产业

tranquility 宁静

Love, happiness and tranquility are all contagious.

爱、幸福与宁静都是有感染力的。

revenue 税收

They bring in considerable revenue/ money

commercialization 商业化

traffic congestion 交通拥挤

water scarcity 水短缺

the environmental pollution 环境污染

over-industrialization 过度工业化

unemployment 失业

wealth distribution 财富分配

social instability 社会动荡

urban construction 城市建设

population explosion 人口激增



a rising crime rate 犯罪率上升

drain of energy and resources 能源和资源消耗

offer more job opportunities 提供更多的就业机会

a rapid pace of life 快节奏生活

stress-related illnesses 与压力有关的疾病

high cost of living 高额生活费用

pastoral life 田园生活

class polarization 阶级两极分化

social welfare 社会福利

give special care to... 给予...特殊关照

urban sprawl 城市扩张

convenient transportation means 便捷的交通工具

better medical services 更好的医疗服务

pressure of modern life in city 城市生活压力

be vulnerable to... 易于患上... 易受伤害的

ADJ If a person, animal, or plant is vulnerable to a disease, they are more likely to get it than other people, animals, or plants. 容易患...病的

例:

People with high blood pressure are especially vulnerable to diabetes.

血压高的人尤其容易患糖尿病。

melting pot 熔炉

on the brink of... 处于...边缘

pollutant 污染性物质

Industrial pollutants are responsible for a sizable proportion of all cancers.

工业污染物会引发多种癌症。

waste disposal 废物处理

put the blame on... 归咎于...

be attributable to... 归因于...

ways of consumption 消费方式

suffer heavy losses 遭受重大损失

citizen 居民

be confronted with... 面临着...

breed crimes 滋生犯罪

vicious cycle 恶性循环

a feasible measure 一种可行的措施

give priority to... 优先考虑...

Give priority to your way of thinking prior to learning.

在学习之前，优先考虑一下你的思维方式。

city planners 城市规划者

save resource 节省资源

flourishing 繁荣昌盛

speed up 加速

relieve the pressure of... 缓解...的压力

advocate the management of resources 倡导资源管理

benefit from 从中受益

put forward valuable suggestions 提出宝贵意见

play a major role in easing traffic 在缓解压力上扮演了重要角色

participate in the reconstruction of the city 参与城市重建

raise the environmental management level 提高环境管理水平

create a pleasant ecological environment 创造出一种和谐的生态环境

catch much attention 引起很大关注

resource allocation 资源配置

perfect the construction of urban infrastructure 完善城市基础设施建设

reduce the number of vehicles 减少车辆

implement strict vehicle emission standards 制定严格的汽车排放标准

reduce waste 减少浪费

eliminate poverty and backwardness 消除贫穷与落后

prevent and control pollution 预防和控制污染

reinforce the conservation of water and soil 加强水土保持

keep ecological balance 维持生态平衡

adopt environmental protection technique 采取环保技术

create a healthy culture environment 创造出一种健康的文化氛围

strengthen the regulation and monitoring 加强监督和管理

enhance the governmental intrusion 加大政府干预性措施

promote the legislative regulations 促进立法管理

establish and perfect the social security system 建立和完善社会的安全体系

give special care to 给某人和某物特别的关照

map out (work out) a blueprint of... 制定出...的发展蓝图

impose some restrictions on... 对...实施限制

increase the inputs in... 加大对...的投入

arouse people's awareness of 唤醒人们的...意识

take some preventive (remedial) measures 采取一些预防 (补救) 措施

enforce on-the-spot penalties 采取立即惩罚性措施

play the role of media 发挥媒体的作用

take proper guidance and support 采取恰当的引导和支持

impose heavier penalty on 对...采取更加严格的惩罚

set down effective laws 制定积极有效的法律

urban planning 城市规划

result in shortage of energy and natural resources 导致能源和自然资源的短缺

break the ecological balance 破坏生态平衡

be harmful to our physical and mental health 对我们的身心健康有害

contaminate the environment 污染环境

promote the sustainable development of the city 促进城市的可持续发展

greenhouse effect 温室效应

strengthen pollution control 加强污染控制

popularize environmental protection knowledge 普及环保知识

burning 迫在眉睫

四、文化类必背词汇

cultural diversity 文化多元化

cultural treasures 文化宝藏

cross-cultural communication 跨文化交流

cultural reconstruction 文化重建

spiritual civilization 精神文明

heritage 遗产

achievements of art 艺术成就

tear down 拆除 obesity 肥胖

humane historical sites 人文历史遗址

preserve the cultural relics 保护文化遗产

blueprint 蓝图

skyscraper 摩天大楼

high-rise office buildings 高层写字楼

city construction 城市建设

well-structured 结构良好的

crystallization 结晶

visual enjoyment 视觉享受

driving force 驱动力

reconstruct 重建

destruct 破坏

architectural industry 建筑行业

map out 制定出

city designing 城市设计

beautify our life 美化我们的生活

human civilization 人类文明

cradle of culture 文化摇篮

mainstream culture 主流文化

cultural traditions 文化传统

national pride 民族自豪感

More than anyone, the government should recognize the importance of communication skills and national pride, which can only be derived from historical knowledge.

政府应该比任何人都清楚沟通技巧和民族自豪感的重要性，而这只能来自历史知识。

local customs and practices 风土人情

attract people's eyes 吸引人们的眼球

artistic taste 艺术品味

cornerstone 基石

N-COUNT The cornerstone of something is the basic part of it on which its existence, success, or truth depends. 基石[正式]

例:

Research is the cornerstone of the profession.

研究是该职业的基石。

be closely interrelated with... 与...有密切关系

adhere to the tradition 坚持传统

architectural vandalism 破坏建筑行为

carry forward... 弘扬...

- We must revive and carry forward the practice of seeking truth from facts, the fine tradition

and style which Chairman Mao fostered (培养, 培育, 促进) in our Party.

我们一定要恢复和发扬毛主席为我们党树立的实事求是的优良传统和作风, 作老实人, 说老

实话, 办老实事。

cultural needs 文化需求

reputation 声望

maintain the world peace 维护世界和平

artistic reflection 艺术反应

give publicity to... 宣传...

burden 负担

cause irreversible damage 造成不可逆转的损失

She could suffer irreversible brain damage if she is not treated within seven days.

如果在 7 天内得不到治疗，她的大脑有可能会受到不可恢复的损害。

national identity and value 民族特性和价值观

remove prejudice and misunderstanding 消除偏见和误解

symbol 象征

artistic standards 艺术水准

enjoy great popularity 广受欢迎

cultural devolution 文化退化

cultural insights 文化视觉

learn about the world 了解世界

a thrilling experience 一段令人激动的经历

abstract 抽象的

concrete 具体的

move somebody to tears 使...感动流泪

get relaxed and entertained 得到放松和娱乐

venue 场所

have its value 有自己的价值

inspiration 灵感

scope of knowledge 知识面

lasting artistic works 永恒的艺术作品

abstruse 深奥的

break with old customs 抛弃传统

carry down from generation to generation 代代相传

advocate the new lifestyle 倡导新的生活方式

entertainment 娱乐

be different from... 与...不同

direct experience 直接经验

echo 共识

satiate people's psychological demands 满足心理需求

attach more importance to... 更重视...

spiritual enhancement 精神升华

N-VARThe enhancement of something is the improvement of it in relation to its value,

quality, or attractiveness. 提高[正式]

例:

Music is merely an enhancement to the power of her words.

音乐只不过是对其文字力量的一个提升。

a mirror of... ...的一面镜子

determinant 决定性因素

eclipse 使...相形见绌

contribute to... 有助于...

a sense of cool and satisfaction 一种惬意的感觉

pastimes 消遣方式

nurture imagination 培养想象力

meditation 沉思

the essence of immortality 永恒的精髓

instructive 有启发性的 Sometimes my parents take me to visit our relatives. Sometimes

we go swimming or go dancing and sometimes I go to read some instructive books.

有时我父母带我去走访亲戚，有时我们去游泳或去跳舞，有时我们去看一些有益的书。

edification 熏陶

arouse one's curiosity about something 引发某人对某事的好奇心

enrich one' s knowledge 丰富某人知识

value of knowledge 知识的价值

cultural differences 文化差异

Time id fleeting and art is long. 时光飞逝，艺术永恒。

五、环保类必背词汇

vivisection 活体解剖

perform experiments on animals 在动物身上做实验

test animals 用于实验的动物

be subjected to experiments 被迫接受试验

animal rights 动物权利

clinical research 临床研究

cruel 残忍的

extremist 极端主义者

medical research 医学研究

origin of species 物种起源

alternative method 替代的方法

biological diversity 生物多样性

natural balance 自然平衡

equilibrium of ecosystem 生态平衡

coexistence 共存

endangered animals 濒危动物

diversity of species 物种多样性

shameless 无耻的

barbaric 野蛮的

live and let live 活着就是与万物共存

meaningless 没有意义

dominant species 优势物种

laboratory 实验室



vaccine 疫苗

infringement 践踏

right to live 生存权

torture 折磨

anti-science 反科学

life-threatening diseases 危及生命的疾病

scientific gains 科学成果

an ever-lasting theme 一个永恒的主题

evolution 进化

computer simulation 电脑模拟

groundless 没有理由的

humane 人道的

medical technology 医疗技术

anatomy 解剖

equal 公平

unreliable 不可信赖的

valid 有效的, 正当的

usher in a brand-new lifestyle 带来一种崭新的生活方式

enrich people's spiritual life 丰富人们的精神生活

lead to the extinction of some species 导致一些物种的没绝

penetrate every corner of our life and be impressive 渗透到生活的方方面面并且给我们留下深刻的印象

protection of wild animals 野生动物保护

provide habitats for a huge number of wild animals and plants 给野生动植物提供栖息地

make an important step 迈出重要一步

advocate civilized lifestyle 倡导文明的生活方式

intensified competition 激烈的竞争

be based on 基于

set (present) a bad example to 给某人树立坏的榜样

be a root of all evil 是万恶之源

maintain a natural balance 维护自然平衡

meet the demands of people 迎合和满足人们的需求

account for 解释, 占到

protect and improve the living environment and the ecological environment 保护和促进生存环境和生态环境

seize opportunities 抓住机遇

devote oneself to... 投身于...

be dedicated to... 致力于...

mirror human civilization 体现人类文明

share views similar to... 与...持有相同的观点

help each other forward 携手共进

have cooperative ties with 与...有合作关系

be a direct result of... 是...的直接结果

have no apparent connection to 与...没有显著关系

deserve to be mentioned 值得一提

pattern of life<sup>1</sup> 生活方式

to one's heart's content 称心如意

be filled with confidence and strength 充满信心和力量

create the course of 开创了...的历程

enter a new period 进入新时期

have a far-reaching impact on 对...产生深远的影响

pursue progress 追求进步

look forward to the bright future 展望未来

be accustomed to 习惯于

give full play to... 充分发挥...

emotional comfort 情感慰藉

rely on... 依赖...

六、科技类必背词汇

advanced science 尖端科学

scientific invention 科学发明

exert a far-reaching impact on... 对...产生深远的影响

double-edged sword 双刃剑

airplane 飞机

pave the way for the future development 为未来的发展铺平道路

lay a solid foundation for... 为...打下良好的基础

energy crisis 能源危机

depletion of resources 能源消耗

milestone 里程碑

sophisticated equipment 尖端设备

technical innovation 科技创新

expediency 权宜之计

antithetical 与...背道而驰的

over-commercialized 过度商业化的

a heated discussion 热烈的讨论

exhaust gas 废气

disastrous 灾难性的

overshadow 使...相形见绌

compared to/with... 与...相比

usher in 引领

speedy and comfortable 既快捷又舒适

opposite forces 负面影响

a fatal breakdown 致命故障

potential hazards 潜在危险

pose a threat to... 对...产生威胁

promote relative industries 促进相关产业发展

accelerate 加速...

means of transportation 交通方式

transportation tools 交通工具

social status 社会地位

environmentally-friendly resources 环保的资源

make people's life easier 使人们生活更方便

alternative fuel 可替代燃料

sustainable development 可持续性发展

scientific exploration 科学探索

air travel 航空旅行

ridiculous 可笑的

absurd 荒唐的

substitute 取代

overcome difficulties 克服困难

make progress 取得进步

a sense of national pride 民族自豪感

unprecedented 前所未有的

soaring 不断上升的 (The prices of daily necessities are soaring.)

give a great push to the economic growth 极大地推动经济发展

see dramatic breakthroughs 取得突破性进展

aggravate 使恶化

optimize 优化

cure-all solution 万能良药

automobile industry 汽车工业

boost the economic development 促进经济发展

levy the tax 征税

modernization 现代化

be viewed as... 被视为是...

be concerned about... 对...担忧, 关注...

pollution-free fuel 无污染燃料

luxury 奢侈品

chronic lead poisoning 慢性铅中毒

fill...with... 使...充斥着...

popularization of cars 汽车普及

lay/put more emphasis on... 把重心放在...

observe traffic regulations 遵守交通规则

break traffic regulations 违反交通规则

get struck in traffic 遇上堵车

rush hour 上下班高峰时间

ease the traffic pressure 缓解交通压力

pedestrian 行人

pavement 人行道

zebra crossing 斑马线

over speed 超速行驶

bottleneck 交通堵塞地区

settle down effective laws 制定出积极有效的法律

impose restrictions on... 对...实施限制

short-sighted 目光短浅的

non-renewable resources 不可再生资源

carbon dioxide 二氧化碳

a pillar industry 支柱产业

make full use of... 充分利用

road networks 公路网

speed limits 限速

enhance the quality of life 提高生活质量

pay a heavy price 付出惨痛的代价

promote the development of relative industries 促进相关产业发展

traffic engineering 交通运输工程

the number of car ownership 汽车拥有量

call for... 需要...

overcrowded 过度拥挤的

violator 违规者

headache 令人头痛的事

traffic accidents 交通事故

head-way 进展

conflict with... 与...相冲突

major cause 主要原因

be replaced by... 被...所取代

provide convenience for... 为...提供便利

curb 限制

dilemma 进退两难

encourage somebody to do something 鼓励某人去做某事

energy-saving 节能的

marketable products 畅销产品

potential market 潜在市场

in view of 考虑到

be tempted into an unhealthy lifestyle 从而过上一种不健康的生活方式

jump into our sight 映入眼帘

fake and exaggerated information 虚假信息

be deceptive and misleading 具有欺骗性和误导性

high-tech products 高科技产品

perfect services 完善服务

in all walks of life 在各行各业

commercialized society 商品社会

place equal focus on 给予同等关注

artificial intelligence 人工智能

cyber-trap 网络陷阱

be led astray 被引入歧途

an irresistible trend 必然的趋势

play a major role in 在...方面起到重要的作用

pirated software 盗版软件

pirated books 盗版书

time-consuming 耗时的

energy-consuming 费力的

mistake...for... 将...误认为...

make important contributions to 对...作出重要的贡献

recreational activities 娱乐活动

stimulate one's imagination and interest in something 刺激人们的想象力和对...的兴趣

accelerate the flow of information 加速信息的流动

provide more business opportunities 提供更多的商业机会

exercise (implement) censorship in a comprehensive way 对...实施广泛的审查性措施

bring both opportunities and challenges to 给...既带来机遇也带来挑战

handicap the development of 阻碍...的发展

raise the standard of living 提高生活水平

e-business 电子商务

shopping online 网上购物

enjoy great popularity 非常盛行

virtual reality 虚拟现实

intellectual property rights 知识产权

meet personalized needs 迎合个性化需求

## 七、教育类必背词汇

adapt oneself to the development of 使自己适应…的发展

narrow the gap between 缩小…的鸿沟

lighten the burden of 减轻…的负担

comprehensive knowledge 广播的知识

distance education 远程教育

enrich the teaching method 丰富教育手段

be attractive to somebody 对…具有吸引力

eye-catching 极好的。极快的

eye-dazzling 极好的，极快的

fascinating 极好的

appealing 极好的

multimedia teaching 多媒体教学

solid professional working experience 扎实的职业工作经验

vocational education 职业教育

down-to-earth 切合实际的

enjoy equal rights 享有平等权利

receive education 接受教育

thought-provoking 引人深思的

enlightening 有启迪的

far-reaching 深远的

never-ending 永不停息的

perplexing 令人困惑的

overwhelming 压倒一切的

cultural diversity 文化的多元性

insightful 富有洞察力的,有深刻见解的

exchange experience 交流经验

undertake the due obligations 承担责任



offer a chance of education 提供教育机会

give a big push to the development of education 给予教育极大的推动

vocational guidance 职业指导

vocational training 职业训练

face possible pressure and competition 迎接可能的压力和竞争

be easily taken in by 容易受到某人或某事的欺骗

exam-oriented education 应试教育

knowledge-intensive 知识密集型的

education for all-round development 全面发展教育

have quick and easy access to something 快捷、方便地接触到…

develop our creative mind 培养我们的创造性思维

fake diplomas 假文凭

embrace the knowledge economy age 拥抱知识经济时代

renew knowledge 更新知识

people-oriented 以人为本的

compulsory education 义务教育

widen one' s knowledge 拓展知识面

enrich one' s social and life experience 丰富社会经验和生活阅历

enlarge one' s view 拓展知识面

broaden one' s horizons 拓展知识面

realize the value of life 实现生命价值

grasp good communication skills 掌握良好的交流技能

remove misunderstanding and discrimination 消除误解和歧视

improve cultural integration and globalization 促进文化融合和文化全球化

cultivate a strong sense of responsibility 培养强烈的责任感

promote social skills and competence 提高社会能力和竞争力

make contribution to society 对社会做出贡献

quality education 素质教育

cross-cultural communication 跨文化交流

rote learning 死记硬背

concentrate one's attention on 关注...

student-oriented education 以学生为主体的教育

bias of culture 文化偏见

system of education 教育体制

tap one's potential 挖掘某人的潜能

Education is not the filling of a pail, but the lighting of a fire. 教育不是注满木桶水，而是点燃火。

ambiguity 歧义

denotation 字面意思

connotation 暗含意思

impractical 不切实际的

intellectual development 智力发展

interaction 交流

thinking capacity 思考能力

universal language 通用语

linguistic studies 语言学研究

a means of communication 交流途径

mechanical translation 机械翻译

untranslatable 不可翻译的

develop linguistic skills 培养语言技能

verbal communication 口头交流

grammatical rules 语法规则

context 语境

core 核心

translation 笔译

interpretation 口译

a complex progress 一个复杂过程

cream 精华

cultivate logical thinking 培养逻辑思维

obscure 晦涩的

readability 朗朗上口

an unrealistic dream 一个不切实际的梦

comprehensive knowledge 全面的知识

communicate with others directly and freely 与他人直接自由交流

face-to-face communication 面对面交流

stimulate one's interest 激发...的兴趣

help children learn a foreign language in a more vivid and interactive way 帮助孩子  
更生动、互动地学习一门外语

miraculous 令人惊叹的

increase efficiency 提高效率

easy accessibility 易于操作

make astounding advances 突飞猛进

enrich the teaching and learning methods 丰富教学手段

expertise 专业知识

flourishing 繁荣兴旺的

speedy communication 快速的交流

read between the lines 读懂暗含的意思

language acquisition 语言习得

term 术语

implication 含义

be full aware of... 充分意识到

optimistic 乐观的

pessimistic 悲观的

drawback 弊端

precious gift 宝贵的礼物

linguist 语言学家

mission impossible 不可能完成的任务

第二章 托福写作常用词组总结

第一组

by accident 偶然

on account of 因为，由于

The flight was postponed on account of bad weather.

因为天气恶劣，飞行延期了。

in addition 另外

in the air 在流行中，在传播中

on (the /an) average 平均，一般来说

on the basis of 根据，在…基础上

at (the) best 充其量，至多

for the better 好转，改善

on board 在船（车、飞机）上

out of breath 喘不过气来

on business 因公，因事

in any case 无论如何，总之

in case of 假使，万一

in case 假如，以防（万一），免得

in no case 决不

第二组

by chance 偶然，碰巧

in charge (of) 负责，主管

(a)round the clock 昼夜不停的

in common 共用，共有，共同

in conclusion 最后，总之

on condition that 在…条件下

in confidence 信任

in connection with/to 关于

in consequence 因此，结果

in consequence of 由于…的缘故

on the contrary 反之，正相反

in contrast with/to 与…成对照

out of control 失去控制

under control 被控制住

at all costs 不惜任何代价

at the cost of 以…为代价

第三组

in the course of 在…过程中，在…期间

of course 当然，自然，无疑

in danger 在危险中，垂危

out of danger 脱离危险

out of date 过期（时）的

up to date 时新的

in debt 欠债

in detail 详细的

in difficulties 处境困难

in the distance 在远处

off duty 下班

on duty 值班，上班

on earth 究竟，到底

at all events 无论如何

in any events 无论如何

in effect 有效；实际上

第四组

in the event of 万一，如果发生

with the exception 除...之外

in the face of 面对，不顾，即使

on fire 烧着

on foot 步行

in force 有效；实施中

in favor of 有利于，赞成，支持

in (the) future 今后，将来

on guard 警惕，防范

in general 通常，大体上

in half 成两半

at hand 在手边，在附近

from tip to toe 彻头彻尾

by hand 用手

hand down to 往下传，传给（）后代

第五组

hand in hand 手拉手，携手

in hand 在掌握中，在控制中

on hand 在手边，临近

on (the) one hand... 一方面...

on the other hand... 另一方面

at heart 在内心；实质上

by heart 牢记，凭记忆

at home 在家，在国内；自在，自如

in honor of 向...表示敬意

on one's honor 以某人的名誉担保

in a hurry 匆忙地，立即

for instance 例如，举例说

at intervals 不时，时时

at last 最终，终于

at least 至少，最低限度

in the least 一点，丝毫

第六组

at length 终于，最后；详细地

in the light of 按照，根据

in line 成一直线，排成一行

in line with 与…一致，按照

at a loss 困惑，不知所措

as a matter of fact 其实，事实上

by all means 无论如何，必定

by means of 借助于，用

by no means 决不

in memory of 纪念

at the mercy of 在…支配下

by mistake 错误地

at the moment 片刻，一会儿

for a moment 现在，暂时

in a moment 立刻，马上

第七组

in nature 本质上

on occasion 有时，不时

in order 秩序井然，整齐

in order to 以便，为了

in order that 以便

out of order 发生故障

on one' s own 独自地，独立地

in particular 特别地，尤其，详细地

in the past 在过去，以往

in person 亲自

in place 在适当的位置

in place of 代替

in the first place 起初，首先

in the last place 最后

out of place 不得其所，不适当的

on the point 即将…的时候

第八组

to the point 切中要害，切题

in practice 在实际中，实际上

out of practice 久不练习，荒疏

at present 目前，暂时

in proportion to (与…)成比例的

in public 公开地，当众

for (the) purpose of 为了

on purpose 故意，有意

with the purpose of 为了

in question 考虑之中的

at random 随意地，任意地

at any rate 无论如何，至少

by reason of 由于

as regards 关于，至于

with/in regard to 对于，就…而论

第九组

in/with relation to 关系到



with respect to 关于

as a result 结果，因此

as a result of 作为…的结果

in return 作为报答，作为回报

on the road 在旅途中

as a rule 规章，规则；通常，照例

in the long run 最终，从长远观点看

for the sake of 为了…起见

She called on us merely for the sake of courtesy.

她来访只是为了礼貌。

on sale 出售；贱卖

on a large scale 大规模地

on a small scale 小规模地

in secret 秘密地，私下地

in a sense 从某种意义上说

in shape 处于良好状态

on the side 作为兼职，额外

第十组

at first sight 乍一看，初看起来

in sight 被看到，在望

out of sight 看不见，在视野之外

in spite of 不管，不顾；尽管，虽然

on the spot 当场，在现场

in step 同步，合拍

out of step 步调不一致，不协调

in stock 现有，备有

in sum 总而言之

in tears 流着泪，含泪，哭

in terms of 依据，按照；用…措词

for one thing 首先，一则

on second thoughts 经重新考虑，一转念

at a time 每次，一次

at no time 从不，决不

at one time 曾经，从前

第十一组

at the same time 同时

at times 有时

for the time being 目前，暂时

from time to time 有时，不时

in no time 立即，马上

in time 及时，适时地

on time 准时

on top of 在…之上

out of touch 失去联系

in truth 事实上，实际上，的确

on try 试穿

by turns 轮流，交替地

in turn 依次，轮流

in vain 徒劳，无效

a variety of 种种，各种

by virtue of 由于

第十二组

by the way 顺便提一下

by way of 经由，通过…方式

in a way 在某种程度上

in no way 决不

in the way of 妨碍

in one's/the way 妨碍，阻碍

after a while 过了一会，不久

for a while 暂时，一时

on the whole 总的来说

in a word 总而言之

in other words 换句话说，也就是说

at work 在工作

out of work 失业

in the world 到底，究竟

第十三组

have/gain access to 可以获得

take...into account 考虑

gain/have an advantage over 胜过，优于

pay the way for 为...铺平道路

take advantage of 利用，趁...之机

pay attention to 注意

do/try one's best 尽力，努力

get the best of 胜过

make the best of 充分利用，妥善处理

get the better of 打败，制胜

catch one's breath 屏息，歇口气

take care 小心，当心

take care of 照顾，照料

take a chance 冒险一试

take charge of 担任，负责

keep company with 与...交往

take delight in 以...为乐

with delight 欣然，乐意地

第十四组

make a/the difference 有影响，很重要

carry/bring into effect 使生效，使起作用

put into effect 实行，生效

come/go into effect 生效，实施

take effect 生效，起作用

catch one's eye 引人注目

keep an eye on 留意，照看

make a face 做鬼脸

find fault 埋怨，挑剔

catch fire 着火

come/go into force 生效，实施

make friends 交朋友，友好相处

be friends with 对…友好，与…交上朋友

make fun of 取笑，嘲弄

keep one's head 保持镇静

lose one's head 不知所措

第十五组

lose heart 丧失勇气，失去信心

get/learn by heart 记住，背诵

get hold of 抓住，掌握

keep house 管理家务，做家务

throw/cast light on 使明白，阐明

bear/keep in mind 记住

have in mind 记住，考虑到，想到

make up one's mind 下决心

come/go into operation 使投入生产，使运转

put in order 整理, 检修

keep/hold pace with 跟上, 与...同步

play a part 起作用

take place 发生, 进行

take the place of 代替

come to the point 说到要点, 扼要地说

bring/carry into practice 实施, 实行

第十六组

make progress 进步, 进展

give rise to 引起, 使发生

make sense 讲得通, 有意义

catch the sight of 发现, 突然看见

(go) on the stage 当演员

take one's time 不急不忙, 从容进行

keep in touch 保持联系

keep track 通晓事态, 注意动向

lose track 失去联系

make use of 利用

put to use 使用, 利用

give way 让路, 让步

lead the way 带路, 引路

make one's way 前进, 进行

make way 让路, 开路

keep one's word 遵守诺言

第十七组

act on 作用

appeal to 呼吁, 要求

attempt to 企图, 努力

attitude to/towards 态度，看法

a great /good deal of 大量（的），许多（的）

influence on 影响

interference in 干涉

interference with 妨碍，打扰

第十八组

introduce to 介绍

a lot (of) 大量（的），很多（的）

lots of 大量，很多

fall in love with 相爱，爱上

a matter of （关于…）的问题

a number of 若干，许多

reply to 回答，答复

a series of 一系列，一连串

第十九组

trolley bus 无轨电车

I.D.card 身份证

credit card 信用卡

no doubt 无疑，必定

next door 隔壁

out of doors 在户外

face to face 面对面地

as a matter of fact 实际上，事实上

a few 有些，几个

a little 一点，稍微，一些，少许

little by little 逐渐地

quite a little 相当多，不少

no matter 无论

the moment (that) 一…就

no more 不再

第二十组

fair play 公平竞赛；公平对待

in demand 有需要，销路好

rest room 厕所，盥洗室

primary school 小学

side by side 肩并肩，一个挨一个

heart and soul 全心全意

step by step 逐步

ahead of time 提前

all the time 一直，始终

once upon a time 从前

once in a while 偶尔，有时

no wonder 难怪，怪不得

word for word 逐字地

decline with thanks 婉言谢绝

第二十一组

account for 说明（原因等）

aim at 瞄准，针对

allow for 考虑到

arrive at 达成，得出

ask after 询问，问候

ask for 请求，要求

attach to 附属于，隶属于

begin with 从开始

break into 闯入

break off 断绝，结束

break through 突破

break up 中止，结束；打碎，折断

bring about 带来，造成

bring down 打倒，挫伤；降低

bring forth 产生，提上

第二十二组

bring forward 提出

bring out 是出现；公布；出版

bring up 教育，培养，使成长

build up 积累；树立，逐步建立；增进；锻炼

call for 邀请；要求；需求

call forth 唤起，引起；振作起来，鼓起

call off 放弃，取消

catch at 抓住（东西）

call on/upon 访问，拜访；号召，呼吁

call up 召集，动员；打电话

care for 照管，关心；喜欢，想要

carry off 夺去

carry on 继续下去；从事，经营

carry out 贯彻，执行；实现

come to 总计，达到；苏醒，复原

count on 依靠；期待，指望

count up 把…相加

第二十三组

cover up 掩饰，掩盖

cut across 走捷径，抄小路

deal with 处理，对付，安排

do without 没有…也行



fill in/out 填充, 填写

get at 得到, 接近; 意思是

get into 进入, 陷入

go after 追求

go into 进入; 研究, 调查

go for 竭力想取得; 喜爱; 支持, 拥护

go through 经历, 经受; 详细检查

go with 伴随, 与...协调

go without 没有...也行

improve on 改进

keep to 保持, 坚持

lie in 在于

live up to 不辜负

第二十四组

live on/by 靠...生活, 以...为食

live through 度过, 经受过

look after 照管, 照料

look at 看望, 注视

look for 寻找, 寻求

look into 调查, 观察, 过问; 窥视

look over 检查, 查看, 调查

look through 仔细查看, 浏览, 温习

make for 走向, 驶向; 有助于

occur to 被想到, 被想起

play with 以...为消遣, 玩弄

refer to 参考, 查阅, 涉及, 提到

run for 竞选

run into 撞上, 偶然碰见

see to 注意，负责，照料，修理

send for 派人去请，召唤；索取

第二十五组

send in 呈报，递交，送来

serve as 作为，用作

set aside 挑出，拨出，留出

sit for 参加…考试

stand by 支持，帮助；袖手旁观

stand for 代替，代表，意味着

stand against 反抗，抵抗

stick to 坚持，忠于，信守

take after 与…相像

take for 把…认为是，把…看成是

take in 接受，吸收；了解，理解

take to 喜欢，亲近

touch on 关系到，涉及

turn into 变成

turn to 变成；求助于，借助于

turn off 关上；出产；解雇

第二十六组

break down 损坏，分解，瓦解

break in 闯入；打断，插嘴

break out 逃出；突然发生，爆发

bring to 使恢复知觉

burn out 烧掉

burn up 烧起来，旺起来；烧完

catch on 理解，明白

check in 办理登记手续

check out 结账后离开；检验，核查

check up(on) 校对，检查，检验

cheer up 使高兴，使振奋

clear away 扫除，收拾

clear up 收拾；澄清；放晴

make it clear that 弄清楚

come off 实现，成功，奏效

come on 请，来吧，快点；开始，出场，上演

come out 出版；出现，显露；结果是

第二十七组

come round/around 来访，前来；苏醒，复原

come through 经历，脱险

come up 走近，上来；发生，被提出

cross out 删去，取消

cut back 消减，减少

cut down 消减，降低

cut in (汽车)抢道；插嘴，打断

cut off 切断；删去；停止

cut out 删除

cut short 突然停止

die down 渐渐消失，平息

die out 消失，灭绝

draw in (火车、汽车) 到站

draw up 写上，画上；草拟；停住

dress up 穿上盛装，打扮得很漂亮

drop by/in 顺便来访

dry out 干透，使干

dry up 干涸，枯竭

第二十八组

drop off 减弱, 减少

drop out 退出, 离队

fall behind 落后

fall out 争吵; 结果是

fall through 落空, 失败

feed in 输入

find out 查明

get across 解释清楚, 使人了解

get around/round 走动, 旅行; (消息) 传开

get away 逃脱, 离开

get by 通过, 经过

get down 从...下来; 写下

get in 进入; 收获, 收集

get off 从...下来; 离开, 动身, 开始

get over 克服; (从病中) 恢复过来

get through 结束, 完成; 接通电话

have got to (do) 不得不, 必须

第二十九组

get together 集合, 聚集

get up 起床; 增加, 增强

give away 泄露; 分送

give back 送还, 恢复

give in 交上; 投降, 屈服

give off 放出, 释放

give out 分发, 放出

give up 停止, 放弃

go ahead 开始, 前进; 领先

go by 过去

go down 下降，降低；被载入，传下去

go off 爆炸，发射；动身，离开

go out 外出；熄灭

go over 检查，审查；复习，重温

go round/around 足够分配

go under 下沉，沉默；失败；破产

第三十组

go up 上升，增加；建起

hand down 流传下来，传给，往下传

hand in 交上，递交

hand on 传先来，依次传递

hand out 交出，移交，让与

hang about 闲荡，徘徊；逗留

hang back 犹豫，踌躇，畏缩

hang on 抓紧不放；继续下去

hang up 挂断（电话）

have back 要回，收回

have on 穿着，戴着

hold back 踌躇，退缩；阻止，印制

hold on 继续，握住不放

hold out 维持，支持；坚持，不屈服

hold up 举起，阻挡，是停止；抢劫

第三十一组

hurry up （使）赶快，迅速完成

keep back 阻止，阻挡；隐瞒，保留

keep down 控制，压制，镇压；压低

keep off 不接近，避开

let down 放下，降低；使失望

let in 让…进入，放…进来

let off 放（烟，烟火），开（枪）

let out 放掉，放出，发出

line up 排队，使排成一行

look back 回顾，回头看

look out 留神，注意，提防，警惕

look on 旁观，观看；看待，视作

look up 查阅，查考；寻找（某人）

look in 顺便看望

make out 辨认，区分；理解，了解

make out of 用…做，从…得出

第二十三组

make up 构成，拼凑；弥补，赔偿；化装

mix up 混淆，混合，搞糊涂

pass away 去世，逝世

pass off 中止，停止

pass to 转到，讨论，传到

pass out 失去知觉，昏倒

pay back 偿还，回报

pay off 还清（债）

pay down 及时交付，用现金支付

pay up 全部付清

第三十三组

pick out 选出，挑出，拣出；辨认，辨别出

pick up 拾起，（偶然）得到；（车、船）中途搭（人），学会

pull down 拆毁，拉倒；拉下，降低

pull in （车）停下，进站，船（到岸）

pull out 拔出，抽出；（车、船）驶出

pull together 齐心协力

pull up （使）停下来

put across 解释清楚，说明

put aside 储存，保留

put away 放好，收好；储存

put down 记下，放下；镇压，平定

put forward 提出

put in 驶进

put on 穿上，戴上；上演；增加（体重）

put off 脱（帽、衣）

put out 熄灭，关（灯）；出版，发布；生产

put right 改正（错误），整理

第三十四组

put up 提起，举起，提（价）；为…提供食宿，投宿

ring off 挂断电话

rub out 擦掉，拭去

run down 撞倒，撞沉；追捕，追查

run off 复印，打印

run over 略读，略述；碾过，浏览，重重复习

see off 给…送行

see through 看穿，识破；干完，干到底

set back 推迟，延缓，阻碍

set down 卸下，放下，记下，记入

set back 推迟，延缓，阻碍

set forth 阐明，陈述

set out 陈列，显示；动身，启程；制定

set up 创立，建立，树立；资助，扶持

show in 领入

show off 炫耀，卖弄

第三十五组

show up 使呈现，使醒目

shut out 排除

sit in 列席，旁听

sit up 迟睡，熬夜

speed up 是加速

stand out 突出，显眼

stand up 站起来，耐用

step in 插入，介入

stick out 伸出，突出；坚持到底，继续

take away 消除；消耗

take down 记下，写下

take off 拿走，脱下；起飞

take on 呈现；接纳，承担，从事

take over 接管，接办

take up 占据；开始；拿起，接收

take up with 和...交往，忍受，采用

第三十六组

think over 仔细考虑

throw away 扔掉，抛弃

touch up 润色，改进

turn down 拧小，低调；拒绝

turn in 交出，上缴，转身进入

turn off 关掉，断开；拐弯，叉开

turn on 接通，打开

turn out 制造，生产；结果是



turn over 翻过来；移交，转交  
turn up 开大；出现；来到；发生  
use up 用完，花完  
warm up 变热  
wear off 逐渐消失  
wear out 用破；耗尽，使精疲力竭  
while away 消磨（时间）  
wipe out 擦去，抹去；消灭，毁灭  
work out 解决，算出；弄懂，制定出  
work up 引起，激起；逐渐上升  
work on 从事于，努力做  
write off 报废，勾销，注销

第三十七组

aim at 目的在于，旨在；瞄准  
accuse...of... 控告；谴责  
depend on 取决于  
devote to 取决于  
engage in 从事于，忙着；订婚  
feel like 想要  
go on 继续；发生  
cannot/couldn't help 禁不住；不得不  
insist on 坚持  
keep from 使...不（做）  
keep on 继续不断，保持  
look forward to 盼望，期待  
persist in 坚持，持续  
prevent from 预防，防止  
put off 推迟，推延

set about 开始, 着手

succeed in 成功

thank for 感谢

think of 想起, 想到; 想一想

第三十八组

add up to 合计, 总计

make believe 假装

break away (from) 脱离, 逃跑

catch up with 追上, 赶上

come true 实现, 达到

come up to 达到, 符合

come up with 提出, 提供

concern with 关心, 挂念; 从事于

do away with 废除, 去掉

have something to do with 废除, 去掉

have nothing to do with 和...毫无关系

fall back on 求助于, 转而依靠

fall in with 符合, 与...一致

be fed up with 感到厌烦

as follows 如下

get along/on with 有进展, 有进步; 和...相处

get through 到达, 完成, 及格

get somewhere 有结果

第三十九组

get down to 开始, 着手

get out of 逃避, 改掉

get the better of 占上风, 胜过

have got 有

give oneself away 泄露，露马脚

give oneself up 自首，投降，投案

give way to 给…让路，被…代替

go along with 陪同前往，随行

go back on 违背

go in for 从事，致力于，追求

go before 居前

hang on to 紧握住，坚持下去

have to/have got to 不得不，必须

have to do with 与…有关

help oneself 自取所需（食物）

hold on to 紧紧抓住，坚持

keep out of 躲开，置身…之外

第四十组

keep up with 向…看齐，跟上…

lend itself to 适用于，对…有用

let alone 不干涉；更不用说

let loose 放开，放松，释放

let go 放开，放松，释放

live up to 做到，不负

look down on 看不起，轻视

look up to 尊敬，敬仰

be made up of 由…构成，由…组成

make up for 补偿，弥补

never mind 不要紧，没关系

put in for 申请

put up with 容忍，忍受

refer to…as 把…称作，把…当做

run out of 用完，用尽，耗尽

serve right 活该，给应得的待遇

第四十一组

set in 来临，流行

set out to 打算，着手

stand up for 为…辩护；维护

stand up to 面对，坚决抵抗；经得起

come to stay 木已成舟

stay by 守在一边

take…as 把…作为

think of…as 把…看作是，以为…是

think better of 改变主意，重新考虑

throw about 乱丢（东西），乱花（钱）

throw down 推倒

throw (a) light on 照亮，阐明

第四十二组

be able to (do) 能（做），会（做）

be about to (do) 即将，正要

be absent from 缺勤，缺课

be abundant in 富于，富有

be acquainted with 与…相识，熟悉

be active in 在…方面表现积极

be afraid of 恐怕，害怕，担忧

be alive to 发觉，感觉，对…敏感

be angry at 因某事生气

be angry with 对…发怒

be anxious about 担心，为…担忧

be anxious for 急切盼望，渴望

be anxious to (do) 渴望（做）

be ashamed of 为…感到害臊

be aware of 意识到

第四十三组

be bad at 拙于，不善于

be badly off 生活穷困

be based on 根据，以…为基础

be bent on 根据

be beside oneself 忘乎所以

be better off 处境较好，情况好转

be born in 出生于…

be born of 出生于…（家庭）

be bound to (do) 一定会，不得不

be buried in 沉思，陷入，专心于

be burned out （住所）被烧光

be busy with 忙于…

be busy about 忙于…

be careful of 爱惜，注意

be careful to (do) 务必注意（做）

第四十四组

be certain to (do) 一定（做），必然（做）

be capable of 能够

be confident of 对…有信心

be characterized by 以…为特征

be clever at 擅长于

be combined with 与…结合

be composed of 由…组成

be concerned about 关心，挂念

be connected with 与…有关

be coupled with 与…配合

be covered with 被…覆盖

be crowded with 挤满，拥塞

be curious to (do) 很想（做）

be dependent on/upon 取决于，依赖

be derived from 由…得到

be determined to (do) 决心（做）

第四十五组

be different from 与…不同

be divided by 除以

be divided into 被分成

be eager for 渴望

be eager to (do) 急于要（做）

be engaged in 忙于，从事于

be equal to 等于

be famous for 以…著名

be fed up 因多而厌烦

be filled with 充满

be fit for 适合，胜任

be fond of 喜欢，爱好

be free from 没有…的，不受…影响的

be friendly to 对…友好

be frightened at 受…惊吓

be glad to (do) 乐于（做），对…感到高兴

第四十六组

be good at (doing) 善于，擅长

be good for 适于，在…期间有效

be grateful to 感谢，感激  
be identified as 被认为是  
be independent of 脱离…而独立，与…无关  
be indispensable for 对…必不可少  
be interested in 对…感兴趣  
be involved in 包括…中，被卷入  
be involved with 涉及  
be kind enough to (do) 承…好意，恳请  
be known as 被称作…，以…著称  
be known to 为…所熟知  
be late for 迟到  
be likely to (do) 可能要，像是要  
be mad about 迷恋  
be made from 由…制成（化学变化）  
第四十七组  
be made of 由…制成（物理变化）  
be made up of 由…组成  
be mixed up 混杂，混在一起  
be obliged to (do) 被迫（做某事）  
be obliged to…for…因…而感激  
be well off 生活富裕  
be pleased to (do) 乐于  
be pleased with 对…感到满意  
be popular with 得人心的，受…欢迎的  
be possessed of 具有，拥有  
be prepared for 做…打算；对…做好准备  
be present at 出席  
be proud of 以…自豪，因…感到满意

be provided with 装备有

be ready to (do) 装备好（做）；乐意（做）

be ready for 为…准备好

第四十八组

be regarded as 被认为是，被当做是

be rich in 富于

be rid of 除去，摆脱

get rid of 摆脱，除掉

be satisfied with 对…满意，满足于

be second to 次于

be short for 是…的缩写（简称）

be short of 短缺

be sick for 渴望

be sick in bed 病在床上

be sick of 对…感到厌倦

be sorry for 对…感到抱歉

be strict with 对…要求严格

be suited to 适合于

be supposed to (do) 应该，非…不可

be sure of 坚信，确信

第四十九组

be sure to (do) 一定，必定

be surprised at 对…感到惊奇

be taken aback 吃惊

be taken by surprise 被突袭

be terrified at 被…吓一跳

be lost in thought 沉思

be through with 结束



be tired from 因…而疲惫

be tired of 厌烦；对…厌倦

be tired out 疲倦极了

be torn open 被撕开

be true of 适用于

be unconscious of 不知道…

be unequal to 无法胜任…的

be unfit for 不适合，不胜任

be united as one 团结一致

第五十组

be used as 被…用作

be used to 习惯于

get used to 习惯于

be useful to 对…有用

be well up in 精通，熟悉

be wild with joy 欣喜

be willing to (do) 乐意…

be worried about 为…而担心

第五十一组

above all 首先，毕竟

after all 终于，毕竟；虽然这样

at all 完全，根本

all but 几乎，差不多

all over 遍及，到处

in all 总计，总共

not at all 一点儿也不

all out 全力以赴，竭尽全力

leave alone 听其自然，更不用说

along with 与…一起

one after another 一个接一个

one another 互相

anything but 根本不

as ...as... 像…一样

as for 至于，就…方面说

as if 好像，仿佛

第五十二组

as though 好像，仿佛

as to 至于，关于

as well 也，又

as well as (除…之外)也，既…又

not as/so ...as 不如…那样

back and forth 往返，来来往往地

back of 在…后部，在…背部

because of 由于，因为

had better 最好还是，应该

both ...and 既…又…，两个都

but for 除…以外，倘没有，除非

each other 互相

either ...or ... 或…或，不是…就是；无论…还是

or else 否则，要不然

even if/though 即使，虽然

even then 即使那样，连，都

第五十三组

except for 除…之外

as/so far as 远至，到…程度

by far ... ..得多，最

far from 远非，远离

so far 迄今为止

first of all 首先，第一

if only 要是…就

by itself 独自，单独

in itself 本身

no less than 不少于，不亚（次）于

as/so long as 只要，如果

第五十四组

no longer 不再，已不

a great/good many of 许多，大量

many a 许多的

more and more 越来越

more or less 或多或少

no more 不再

no more than 不过，仅仅；和…一样不

at (the) most 最多，至少，不超过

make the most of 充分利用

neither … or… 既不…也不…

every now and then 有时，时时，偶尔

just now 刚才，一会儿以前

now and then 时而，由于

now that 既然，由于

off and on 断断续续，不时地

and so on 等等

第五十五组

all at once 突然；同时，一起

at once 立刻，马上

once (and) for all 一劳永逸，限此一次

once more 再一次，又一次

by oneself 独自地，单独地

every other 每隔一个地

other than 不同于

over and over (again) 一再，再三

all right 好，行

all round 周围，处处

ever since 从那时起，自那时以后

and so on/forth 等等

ever so 非常，及其

or so 大约，左右

so ...as to 结果是；如此...以至于

第五十六组

so that 以便，为的是；结果是

so ...that 如此...以至于

such as 像...那样的；诸如，例如

such ...that 那样的...以致

that is (=i.e.) 就是说，即

up to 起来，从事于，忙于；直至

what about (对于)...怎么样

what if 如果...将会怎么样，即使...又有什么要紧

whether ...or 是...还是，不管...还是

go wrong 发生故障，出毛病

and yet 可是，然而

abide by 坚持；遵守

accustom to 使习惯

adapt to (使)适应，适合；改编

第五十七组

adhere to 粘附，胶着；坚持

apologize/apologize to, for 道歉，认错

cling to 粘住；依附；坚持

collide with 抵触

compensate for 补偿，赔偿

comply with 照做，遵照，应允

conceive of 设想，构思；以为

conform to 遵守，依照，符合，顺应

consult with 商量，商议

cooperate with 合作，协作，相配合

cope with 竞争，对抗；对付，应付；妥善处理

deduce from 演绎，推断

derive from 导出，由…来

deviate from 背离，偏离

dispose of 处理，处置

dispose for 布置，安排

第五十八组

dwell on 凝思；详述

hinder from 阻止，妨碍

impose on 把…强加给

intervene in 干涉，干预；插入

originate in/from 起源，发生；首创，创造

participate in 参与，参加；分享

preside at/over 主持

prevail over/against 取胜，占优势；流行，盛行

reconcile to/with 使一致

reign over 统治；盛行

restrain for/to 牺牲，献出，献祭

scrape through 擦过，勉强通过

specialize in 专攻，专门研究，专业化

第五十九组

testify to 说明，证实

flare up 突然烧起来；突然发怒

queue up 排队，排队等待

acquaint sb. with 使认识，使了解

correspondence with 通信

congratulation on 祝贺

dependence on 依靠；依赖；信赖

dissatisfaction with/at 不满，不平

exposure to 受到

longing for 渴望

objection to 反对，异议

preference for/to 偏爱，喜爱；优惠；优先选择

proficiency in 熟练，精通

requirement for 需要，需要的东西，要求

thirst for 渴望，热望

by comparison 比较起来

第六十组

in sequence 依次，逐一

at stake 在危险中，利害攸关

in accordance with 与…一致

on behalf of 代表…，为了…

on the sly 偷偷地，冷不防地

be bound to 必定，一定

in excess of 超过

to and fro 来来回回

at random 随机地，任意地

on schedule 按预定时间

on sight 一见就…，立即

### 第三章 常见前缀、后缀总结

#### 一、前缀

dis(not, the opposite of)

disadvantage dislike

disagree disappear

disarm disaster

disastrous disappoint

disable disability

discharge disclose

discount discourage

discover discovery

discrepancy disease

disgrace disguise

disgust dishonor

dishonest dislike

dismay disorder

dispatch disperse

displace displacement

displease disregard

dissatisfy distort

distract disintegrate

disparage dispassion

disproportionate

in-(not, in, into)

incorrect	inability
incapable	indirect
inhuman	injustice
informal	inside
include	inclusive
income	increase
increasingly	incredible
indefinite	independence
independent	indifferent
indirect	indispensable
individual	indoor
inertia	inevitable
infamous	infinite
inhabit	inhabitant
inherent	inject
inland	inlet
inner	innocent
innumerable	input
inquire	inquiry
insane	insensitive
insert	inside
insight	insist
inspect	inspiration
inspire	install
installation	installment
instance	instant
instinct	insulate
intense	interior



internal      into  
intrinsic      invade  
invalid      invariably  
invasion      invert  
investigate      invisible  
involve      inward  
incomplete      indecisive  
inedible      inept  
inevitably      infection  
infirm      injection  
innate      insatiable  
insecurity      insider  
insidious  
im-(not,in,into)  
impossible      imbalance  
immature      immoral  
impatient      implicit  
impress      impression  
import      immigrate  
imprison      immerse  
il-(not)  
illegal      illiterate  
illogical  
ir-(not)  
irregular      irresponsible  
irrespective  
un-(not)  
unable      uncover

undo      undoubtedly  
undress      uneasy  
unemployment      unexpected  
unfold      unfortunately  
unimportant      unlike  
unload      unusual  
unware      unparalleled  
unsustainable  
non-(not)  
nonsmoker      nonexistence  
non-cooperation      nonstop  
nonmetal      nonresident  
nonsense  
mis-(wrong, wrongly)  
mislead      misspell  
misstep      misfortune  
misure      misguided  
misinformation  
de-(showing the opposite, to remove, to reduce)  
deform      deface  
demobilize      destruction  
deforest      denationalize  
depress      depression  
decode      decrease  
degenerate      degrade  
descend      descendant  
descent  
pre-(before, in advance)

prefix      pre-historic

precaution      precede

preceding      preclude

predecessor      predict

predominant      preface

prejudice      preliminary

premature      premier

premise      premium

preparation      prepare

prepay      preside

president      presumably

presume      pretext

previous      prewar

preconception      prediction

presumptively

ante-(before, in advance)

anteroom      ante-Christian

antemeridian

fore-(in advance, before, in or at the front)

forearm      forehead

foreman      foretell

foresee      forefather

foreleg      forerunner

foremost      forecast

forewarn

ex-(out, out of, former)

ex-minister      ex-president

ex-Soviet Union      ex-wife

export      exclude  
exclusive      excursion  
exhibit      exile  
exit      exotic  
expand      expansion  
expense      explode  
expend      expenditure  
explosion      explosive  
expose      exposition  
exposure      express  
expression      extend  
extension      extensive  
exterior      external  
extinct      extra  
extract  
post-(later than, after)  
postgraduate      postwar  
postmeridian      postpone  
postscript  
sub-(under, below, less important)  
subject      subway  
subtitle      subdivide  
submarine      sub-zero  
submerge      submit  
subordinate      suscribe  
subsection      subsequent  
subsidiary      subsidy  
substance      substantial

substitute      subtract  
suburb      subconsciously  
infra-(below in a range, beyond)  
infrastructure      infrared  
re-(again, back to a former state)  
react      reaction  
recall      recede  
receipt      recipient  
reclaim      recognize  
recognition      record  
recorder      recover  
recovery      recreation  
recur      recycle  
redundant      reflect  
reflection      reflexion  
reform      refrain  
refresh      refreshment  
refund      refute  
reinforce      reject  
remember      remind  
removal      remove  
renaissance      renew  
repay      repeat  
repeatedly      repel  
repetition      replace  
replacement      represent  
representative      repression  
reproduce      response

respond      response

responsibility      responsible

restore      resume

return      reunion

revise      revive

co-, col-, con-, cor-(with together)

co-existence      cooperative

co-author      coalition

coherent      coincide

coincidence      collaboration

colleague      collide

collision      collocation

co,passion      compassionate

concentric      confederation

conjoin      coordinate

correlate      correlation

correspond

inter-(between, among)

interchange      interchangeable

interdependent      interpersonal

interview      interact

interaction      intercourse

interface      interfere

interference      Internet

interrupt      interval

intervene

macro-(large)

macroeconomics      macrocosm

macrostructure

micro-(extremely small)

microcomputer    microeconomics

microscope    microphone

microsurgery    microelectronics

microbiologist

super -(greater or more than)

supermarket    supersonic

superman    superpower

supernatural    supervise

superficial    superintendent

superior    superiority

supersystem

sur-(more than, beyond)

surplus    surtax

surface    surpass

surround    survival

survive

ultra-(beyond,very,too)

ultramodern    ultrasound

ultra-violet

auto-(of or by oneself)

automobile    automation

automatic    autobiography

autonomous    autonomy

mal-(bad,badly)

malfunction    maltreat

malnutrition    malpractice

tele-(ar or over a long distance, by or for television)

telegram          television

telegraph          telephone

telecommunications    telescope

telescreen          teleswitch

televise

semi-, hemi-(half)

semiconductor          semi-colony

semifinal          hemisphere

uni-, mono-(one)

uniform          unify

union          unique

unit          unite

unity          universe

universal          university

monologue          monoplane

monopoly          monotone

monotonous          carbon monoxide

bi-, di-(two)

biweekly          bicycle

bilateral          billion

bilingual          dialogue

carbon dioxide

tri-(three)

tricycle          triangle

triangular          trilogy

triple          trigonometry

kilo-(thousand)



kilometer            kilogram(me)  
kilowatt  
multi-(many)  
multipurpose        multinational  
multiple            multiply  
multitude  
counter-, anti-, contra-(opposite, against)  
counteract        counterattack  
counterclockwise    counterrevolutionary  
antibiotic            antigravity  
antimatter        antiwar  
antinuclear        contradict  
contradiction        contrary  
contrast  
mini-(smallest, short)  
minibus            miniskirt  
minimum            minister  
ministry  
max-(greatest)  
maximum            maximal  
maximize  
out-(outside, beyond)  
outdo                outwit  
outlive              outnumber  
outdoor              outstanding  
outskirts            outward  
outcome             outer  
outing                outline

outlook          output

outrage

over-(too much, above, addition)

overwork          overuse

overtake          overpass

overthrow          overturn

overall          overdue

overhead          overhear

overlook          overseas

overtime

trans-(across, on or to the other side of)

transaction          transatlantic

transcend          transfer

transform          transistor

transit          transition

translate          translation

transmission          transmut

transmitter          transparent

transplant          transport

transportation

under-(too little, below)

underdeveloped          underdevelopment

underestimate          undergraduate

underground          underlie

underline          undersea

underlying          undermine

underneath          underwear

neo-(new)

neo-Nazism      Neolithic

be-(cause to be or have)

befriend      belittle

bio-(life)

biology      biography

autobiography      antibiotic

biochemistry      biosphere

biomedical

en-, em-(cause to become, put into the stated condition)

embody      empower

endanger      enlarge

enrich      encompass

enthrone      entrench

extra-(outside, beyond)

extracurricular      extraordinary

mid-(middle)

midday      midnight

poly-(many)

polycentric      polysyllabic

pseudo-(not real, false)

pseudonym      pseudoscience

thermo-(heat)

thermometer

vice-(next in rank below)

vice-chairman      vice-president

aero-(air)

aeronautics      aerospace

cross-(across, going between the stated things and joining them)

cross-country      crossbreed

intra-(inside, within, into)

intra-department      intranet

pro-(in favor of, supporting)

pro-America      pro-abortion

self-employed      self-taught

step-(not by birth but through a parent who has remarried)

stepmother      stepchildren

## 二、后缀

### (一) 名词后缀

#### 1. -ster, -eer, -er, -or

意为：从事某种职业或参与某种活动的人

(person engaged in an occupation or activity)

例词；gamester, gangster, songster, ringer, profiteer, mountaineer, auctioneer,  
driver, teacher, director, actor, professor

#### 2. -let

意为：小或者不重要的东西 (small, unimportant things)

例词：booklet, leaflet, starlet

#### 3. -ette

意为：1) 小的东西 (small)

例词：cigarette

#### 2) 假的东西 (imitation)

例词：leatherette

#### 3) 女性 (female)

例词：usherette

#### 4. -ess

意为：女性 (female)

例词：actress, poetess, hostess, paintress

5. -hood

意为：时期 (status)

例词：boyhood, childhood, manhood

6. -ship

意为：才能、状态、资格、品质等 (skill, state, condition, status, quality, etc.)

例词：leadership, friendship, membership, lectureship, sportmanship

7. -ful

意为：量 (the amount which noun contains)

例词：cupful, handful, mouthful, spoonful

8. -tion, -ion

意为：1) 状态、行动等 (state, action, etc.)

例词：action, oppression, possession, education, starvation

2) 机构等 (institution, etc.)

例词：organization, foundation

9. -ment

意为：状态，行动等 (state, action, etc.)

例词：movement, enslavement, pavement

10. -al

意为：动作 (action)

例词：arrival, refusal, revival, recital, removal

11. -age

意为：程度，数量等 (extent, amount, etc.)

例词：wastage, coverage, acreage, shrinkage, breakage, hostage

12. -ness, -ity, -ty

意为：状态，品质 (state, quality)

例词：happiness, usefulness, selfishness, kindness, rapidity, activity, sanity,

changeability

13. -ism

意为：道义，主义，学说等（doctrine of, practice of, etc.）

例词：idealism, impressionism, absenteeism, racism

## (二) 动词后缀

常见的此类后缀及其具体含义如下：

### 1. -ify

意为：转为，变为（to turn into, to make or become）

例词：beautify, diversify, simplify

### 2. -ize, -en

意为：使……，变得……（to make or become, to make into）

例词：modernize, popularize, legalize, hospitalize, symbolize, ripen, widen,  
heighten, threaten

### 3. -ate

意为：增加，使……（to give or add, to make or become）

例词：originate, hydrogenate, validate, differentiate

## (三) 形容词后缀

### 1. -ful

意为：充满，有（full of, having, giving）

例词：useful, pitiful, hopeful, helpful, forgetful, thankful, fearful

### 2. -less

意为：没有，无（without, not giving）

例词：speechless, childless, harmless, hopeless, meaningless

### 3. -ly

意为：有……品质的（having the qualities of）

例词：beastly, manly, brotherly, friendly

### 4. -like

意为：像……的（like）

例词：childlike, statesmanlike, tiger-like

### 5. -y, -ish

意为：像……一般的（somewhat like）

例词：meaty, sandy, silky, hairy, leafy, watery, foolish, girlish, blackish, thinnish

#### 6. -some

意为：像……一样的，引起……的，有……品质的（like, causing, having the quality of）

例词：troublesome, burdensome, wholesome, tiresome, bothersome

#### 7. -able, -ible

意为：能……的，可以……的（able to do, capable）

例词：changeable, readable, drinkable, comfortable, expansible, convincing

#### 8. -ed

意为：有……的（having）

例词：wooded, pointed, moneyed, odd-shaped

#### 9. -al

意为：有……属性的，……类型的（nature of, typical of）

例词：cultural, personal, regional, musical

#### 10. -ary, -ory

意为：属于……的，与……相连的（belonging to, connected with）

例词：revolutionary, imaginary, contradictory

#### 11. -ous

意为：富含……的，有……品质的，像……的（full of, having the quality of, like）

例词：glorious, erroneous, malicious, gracious

#### 12. -ic, -ical

意为：……类的，属于……的（typical of, belonging to）

例词：historic, historical, methodic, methodical, dramatic, heroic

#### 13. -ive

意为：有……属性的，有某种倾向的（having the nature or quality of, given or tending to）

例词：attractive, talktive, restrictive, defensive, preventive, constrnctive, sensitive

## (四)副词后缀

## 1. -ly

意为：以...方式 (in a .....manner)

例词：happily, boldly, attentively, strangely

## 2. -ward(s)

意为：表示方式或动作的方向 (manner and direction of movement)

例词：onward(s), backward(s), earthward(s), homeward(s), eastward(s)

## 3. -wise

意为：1) 按照...方式 (in the manner of)

例词：crabwise, clockwise

2) 就...而言 (as far as...concerned)

例词：weather-wise, education wise

有一个元音的单音节词，结尾只有一个单音辅音，在加元音后缀时，要双写这个辅音。

例词：run +er =runner, hit +ing =hitting

附录一：2006 年所有新托福独立写作题目汇总

1. 9.15 In this information society, people can hardly identify their right or wrong.

2. 9.23 The most important education for students is in the classroom and school.

Do you agree or disagree?

3. 10.8 Car use will be reduced 20 years later. Do you agree or disagree?

4. 10.15 Which is more important, knowledge learned through study or the ability to be creative.

5. 10.22 Nowadays, it is impossible to work in one company throughout the life. Do you agree or disagree?

6. 10.28 Do you agree that young people enjoy life better than older people.

7. 10.29 New energy will replace traditional energy. Do you agree or disagree?

8. 11.3 Some people prefer to work for a large company. Others prefer to work for a small company. Which would you prefer? Use specific reasons and details to support your choice.



9. 11.5 Agree or disagree that Professor gives the same grade to all the members of a project group
10. 11.17 Do you work for happiness or money?
11. 11.18 Do you agree or disagree with the following statement: The best way to travel is in a group led by the guide.
12. 11.19 Which is more important, interest or future career in your selecting the course?
13. 12.1 Do you agree or disagree with the following statement: Classmates are a more important influence than parents on the child's success in school?
14. 12.3 Do you agree or disagree with the following statement Grades (marks) encourage students to learn
15. 12.8 Some universities require students to take classes in many subjects. Other universities require students to specialize in one subject. Which is better?
16. 12.10 Some people think that human needs for farmland, housing, and industry are more important than saving land for endangered animals. Do you agree or disagree with this point of view? Why or not?
17. 12.15 Some people say that the Internet provides people with a lot of valuable information. Others think access to so much information creates problems. Which view do you agree with?
18. 12.16 What do you want most in a friend?

附录二： 2007 年中国大陆新托福独立写作题目汇总

1. 1.13 Many teachers assign homework to students every day. Do you think that daily homework is necessary for students? Use specific reasons and details to support your answer.
2. 1.14 Is it necessary to collect tax on busy road?
3. 1.19 Agree or disagree: Most people often let others make decisions for them rather than make decisions by themselves.
4. 1.26 Which is important, speaking or writing?

5. 2.3 People learn more by watching than by reading books. Do you agree or disagree?
6. 3.3 Because people are too busy doing many things, they can do few things well.
7. 3.4 In today's world, the ability to cooperate well with others is more important than before. Agree or not
8. 3.10 It is more important for a teacher to bring confidence than special knowledge to students.
9. 3.23 Do you like serious movies or commercial movies?
10. 4.21 Movies and TV exert negative influence on the way young people behave. Please give the reasons.
11. 5.18 It is better to spend money on something that lasts for a long time, such as an expensive piece of jewelry or spend on something that provides a short-term pleasure such as a vacation?
12. 5.19 Should teachers earn as much as doctors, lawyers, business leaders?
13. 6.9 Agree or disagree: 20 years from now, people will have more leisure time
14. 6.16 Do you agree or disagree with the following statement: Parents find it hard to control their children for the children are now influenced by many things outside home like television or movie.
15. 6.24 Do you prefer to finish a project completely then to another one or do two or several projects at a time?
16. 6.30 Letting a friend make a mistake is better than saying or doing something that may destroy your friendship.
17. 7.7 University students should be required to take basic science classes even if they are not part of the field of the study.
18. 7.14 To truly understand world events, we should get our news from newspaper; television cannot provide enough information.
19. 7.21 Modern society has become more complex, so it is essential for the young people to have the ability to plan and organize.

20. 7.28 In university students should take the history courses no matter what field they study.
21. 8.4 Agree or disagree: The next twenty years from now on, students will not use printed books any more.
22. 8.11 The only effective way to encourage energy conservation is by increasing prices of gasoline and electricity. Do you agree or disagree?
23. 8.17 Do you agree or disagree with the following statement: The advice you take from the friends who are older than you is valuable than that taken from the friends at your age
24. 8.25 Do you agree or disagree: Schools should not pay so much attention to general subjects but should help students prepare for specific careers and jobs.
25. 9.8 A teacher's ability to relate with the students is more important than have sufficient knowledge being taught.
26. 9.15 working together is better than working alone. Do you agree or disagree?
27. 9.22 Do you agree or disagree: The extended family (grandparents, aunt, uncle, cousins) is less important than it was before?
28. 9.29 when relaxing, some people like to spend time alone. What's your opinion?
29. 10.17 Universities require students learn cultures other than their own. Do you agree or disagree?
30. 10.20 Some people think one's working is more important than being with one's family, do you agree?
31. 10.27 Is doing research on animals helpful to human nature?
32. 11.3 Do you agree or not: many rich people are unhappy because they need not to work?
33. 11.11 Advertisements make products seem better than they are. Do you agree or disagree?
34. 11.24 People will spend less time in cooking and preparing food in 20 years later. Do you agree or disagree?

35. 12.1 People should not pay for the public transportation. Do you agree or disagree?

36. 12.8 Do you agree or disagree with the following statement: Advertisements are a waste of company's money and energy because consumers know what they want to buy.

37. 12.10 Do you agree or disagree with the following statement: Our life is easier and more important than our father's?

38. 12.15 Which is more important, learning concept and ideas or learning facts?