

托福写作资料：英文作文 100 活用句型

I. 用於文章主題句

1. 不用說?...

It goes without saying that 子句

= (It is) needless to say (that)子句

= It is obvious that 子句

= Obviously, S. + V.

例：不用說早睡早起是值得的。

It goes without saying that it pays to keep early hours.

2. ...是不可能的; 無法...

There is no Ving

= There is no way of Ving.

= There is no possibility of Ving.

= It is impossible to V.

= It is out of the question to V.

= No one can V.

= We cannot V.

例：不可否認的?成功的事業關鍵在於健康的身心。

There is not denying that successful business lies in a healthy body and mind.

3. 我深信...

I am greatly convinced (that)子句

= I am greatly assured (that)子句

例：我深信預防是於治療。

I am greatly convinced that prevention is better than cure.

4. 在各種...之中?...

Among various kinds of ..., ...

= Of all the ..., ...

例：在各種運動中?我尤其喜歡慢跑。

Among various kinds of sports, I like jogging in particular.

5. ...是很容易證明的。

It can be easily proved (that)子句

例：時間最珍貴是很容易證明的。

It can be easily proved that nothing is more precious than time.

6. ...無論如何強調都不為過

... cannot be overemphasized

例：交通安全的重要性無論如何強調都不為過。

The importance of traffic safety cannot be overemphasized.

7. 就我的看法?... ; 我認為...

In my opinion, ...

= To my mind, ...

= As far as I am concerned, ...

= I am of the opinion that 子句

例：就我的看法?打電動玩具既花費時間也有害健康。

In my opinion, playing video games not only takes much time but is also harmful to health.

8. (A) 每個人都知道...

Everyone knows (that)子句

(B) 就我所知?...

As far as my knowledge is concerned, ...

例：就我所知?下列方法對我幫助很大。

As far as my knowledge is concerned, the following ways are of great help to me.

9. 毫無疑問地?...

There is no doubt (that)子句

例：毫無疑問地?近視在我國的年輕人中是一個嚴重的問題。

There is no doubt that near-sightedness is a serious problem among the youth of our country.

10. 根據我個人經驗?...

According to my personal experience, ...

= Based on my personal experience, ...

例：根據我個人經驗？微笑已帶給我許多好處。

According to my personal experience, smile has done me a lot of good.

11. 在我認識的人當中？也許沒有一個人比...更值得我尊敬。

Of all the people I know, perhaps non deserves my respect more than ...

例：在我認識的人當中？也許沒有一個人比我的英文老師張老師更值得我尊敬。

Of all the people I know, perhaps non deserves my respect more than Miss Chang, my English teacher.

12. 在我的求學過程中？我忘不了...

In the course of my schooling. I will never forget ...

例：在我的求學過程中？我忘不了學習英文所遭到的大困難。

In the course of my schooling. I will never forget the great difficulty I encountered in learning English.

13. (A) 隨著人口的增加？... With the increase/growth of the population, ...

(B) 隨著科技的進步，... With the advance of science and technology, ...

例：隨著台灣經濟的快速發展？許多社會問題產生了。

With the rapid development of Taiwan's economy, a lot of social problems have come to pass.

14. (A) 在這資訊的年代？...扮演重要的角色。

In the age of information and communication, ... plays an important role.

(B) 在今日工業社會中？...是生命不可或缺的。

In today's industrial society, ... is insispensable to life.

例：在這資訊的年代？電腦扮演非常重要的角色。

In this age of information and communication, the computer plays an exptemely important role.

15. 在討論...？一個人不得不承認...。

In dealing with ..., one cannot but admit (that)子句

例：在討論未來的職業？一個人不得不承認儘早決定未來的職業很重要。

In dealing with one's future career, one cannot but admit that it is very important to decide one's future career as early as possible.

16. 世上沒有什麼比...更令我高興。

Nothing in the world can delight me so much as ...

例：世上沒有什麼比到速食店吃漢堡更令我高興。

Nothing in the world can delight me so much as having hamburgers in fast-food restaurants.

17. ... 是必要的 It is necessary that S (should) V

... 是重要的 It is important/essential that S (should) V

... 是適當的 It is proper that S (should) V

... 是緊急的 It is urgent that S (should) V

例：我們當保持公共場所清潔是應當的。

It is proper that we (should) keep the public places clean.

18. 每當我聽到...?我就忍不住感到興奮。Whenever I hear ..., I cannot but feel excited.

每當我做...? 我就忍不住感到悲傷。Whenever I do ..., I cannot but feel sad.

每當我想到...?我就忍不住感到緊張。Whenever I think of ..., I cannot but feel nervous.

每當我遭遇...?我就忍不住感到害怕。Whenever I meet with ..., I cannot but feel frightened.

每當我看到... 我就忍不住感到驚訝。Whenever I see ..., I cannot but feel surprised.

例：每當我想到我家附近那一條清澈的小溪?我就忍不住感到悲傷。

Whenever I think of the clean brook near my home, I cannot but feel sad.

= Every time I think of the clean brook near my home, I cannot help feeling sad.

19. 據說... It is said (that)子句

一般認為... It is thought (that)子句

大家都知道... It is known (that)子句

據報導... It is reported (that)子句

一般預料... It is expected (that)子句

一般估計... It is estimated (that)子句

一般相信... It is believed (that)子句

例：一般相信閱讀增加我們的知識、擴大我們的心胸。

It is believed (that) reading increases our knowledge and broadens our mind.

20. ...的主要理由是...

The main reason why ... is (that)子句

例：青少年犯罪的主要理由是社會環境日一敗壞。

The main reason why the juveniles commit crimes is that social environment is becoming worse.

21. 俗語說得好：「...」。

Well goes an old saying, "..."

= As an old saying goes(runs, says), "..."

= An old saying goes, "..."

= It's an old saying (that)子句

例：俗話說得好：「誠實為上策」。

As an old saying goes, "Honesty is the best policy."

22. (A) ...用下列方法... in the following ways.

(B) ...有三個主要理由。 for three major reasons.

(C) 要...?至少我們可做三件事。 To ..., there are at least three things we can do.

例：(A) 我用下列方法增加信心。

I increase my confidence in the following ways.

(B) 人們學外語有三個理由。

People learn a foreign language for three major reasons.

(C) 為了維護健康?我們每天至少可做三件事。

To keep healthy, there are at least three things we can do every day.

II. 用於文章承轉句

23. 那就是(說)... ; 亦即...

That is to say, ...

= That is, ...

= Namely, ...

例：我們生活需有規律。也就是說?早睡早起?戒除菸酒。

We need to live a regular life. That is, we can keep good hours and refrain from smoking and drinking in the daily activities.

24. (A) 基於這個理由?... For this reason, ...

(B) 為了這個目的?...

For this purpose, ...

例：基於這個理由?我已決定把行醫作為未來的職業。

For this reason, I have decided to take practicing medicine as my future career.

25. 我們有理由相信...

We have reasons to believe (that)子句

例：我們有理由相信體罰應該嚴格禁止。

We have reasons to believe that corporal punishment should be strictly prohibited.

26. 事實上?...

As a matter of fact, ...

= In fact, ...

例：事實上?健康才是最重要。

As a matter of fact, it is health that counts.

27. (A) 例如?...

For example, ...

(B) 拿...做例子

Take ... for example.

例：例如?我們盲目地提高生活水準?卻降低生活品質。

For example, we elevate the living standards blindly, but lower the quality of life.

28. 此外?我們不應忽視...

Besides (In addition), we should not neglect ...

例：此外?我們不應忽視每個人都想要一個溫馨祥和的社會。

In addition, we should not neglect that everyone wants a friendly and peaceful society.

29. 相反地?...

on the contrary, ...

= by contrast, ...

例：相反地?少數學生似乎還在鬼混。

On the contrary, a few students, it seems, are still fooling around.

30. 另一方面?...

on the other hand, ...

例：政府應嚴格執法?另一方面?大眾也應該培養減少污染的好習慣。

The government should enforce laws strictly. On the other hand, the public also should develop the good habit of reducing pollution.

31. 然而?很可惜的是...

However, it is a pity that 子句

例：然而?很可惜的是他總是臨時抱佛腳。

However, it is a pity that he should always cram at the eleventh hour.

32. 換言之?...

in other words, ...

= to put it differently

例：換言之?我會盡最大的努力達成我的目標。

In other words, I will try my best to attain(gain, live up to) my goal.

33. 別人可能認為這是事實?但我不是。我認為...

It may be true as assumed by others, but I don't. I believe that 子句

例：別人可能認為這是事實?但我不是。我認為...

It may be true as assumed by others, but I don't. I believe that if you have strong determination and perseverance, the success will certainly come to you in the end.

34. 從此之後?我已發現...

Ever since then, I have found that 子句

例：從此之後?我已發現...

Ever since then, I have found smile the best way to avoid any possible conflicts in our daily lives.

35. 這樣說來?假如...?當然毫無疑問地....

In this light, if..., there can surely be no doubt (that)子句

例：這樣說來?假如我們能善用時間?當然毫無疑問地我們會成功。

In this light, if we can make good use of time, there can surely be no doubt that we will get somewhere.

36. 更嚴重的是?...

What is more serious is (that)子句

例：更嚴重的是?我們不珍惜野生動物。

What is more serious is that we do not cherish the wildlife.

37. 鑒於社會的實際需要?...

In view of the practical need of society,

例：鑒於社會的實際需要?愈來愈多人對學英語有興趣。

In view of the practical need of society, there are more and more people interested in learning English.

III. 用於文章結論句

38. 如果能實踐這三點?...

If one can really put the three points into action(practice), ...

例：如果能實踐這三點?...

If one can really put the three points into action(practice), he will surely be able to live a healthy and happy life.

39. 做這些簡單之事?我們一定可以....

By doing these simple things, we surely can

例：做這些簡單之事?我們一定可以快樂出門平安回家。

By doing these simple things, we surely can go out of the door happily and come back home safe every day.

40. 如此?我相信....

In this way, I believe (that)子句

例：如此?我相信大家能夠像我一樣?享受乘坐公車的樂趣。

In this way, I believe that all the people may be able to enjoy the bus ride like me.

41. 實踐這些?...

By putting them(the above) into practice,

例：實踐這些?在智育方面我一直能不斷進步。

By putting them(the above) into practice, I have been able to make constant progress in intellectual education.

42. (A) 唯有符合此三項要求?我們才能....

Only by living up to the three requirements, can we

(B) 唯有通力合作?我們才能....

Only with combined efforts, can we

例：唯有通力合作?我們才能期望台灣不久有新的面貌。

Only with combined efforts, can we expect Taiwan to take a new face in due course.

43. 最後?但並非最不重要?...

Last but no least,

例：最後?但並非最不重要?教育上的缺失是助長青少年犯罪的原因。

Last but no least, the shortcoming in education is the cause contributing to juvenile delinquency.

44. 這證據顯示~的重要性在怎麼強調都不為過。

This evidence shows that the importance of ~ cannot be overemphasized.

例：這證據顯示交通安全的重要性在怎麼強調都不為過。

This evidence shows that the importance of traffic safety cannot be overemphasized.

45. 由於這些理由?我...

For these reasons, I

例：由於這些理由?我認為在台灣接受大學教育是明智的。

For these reasons, I think that receiving college education in Taiwan is wise.

46. 總而言之?...

In conclusion, ...

= To sum up, ...

例：總而言之?好國民應該遵守交通規則。

In conclusion, a good citizen should abide by traffic regulations.

47. 因此?我們能下個結論?那就是...

We can, therefore, come to the conclusion (that)子句

例：因此?我們能下個結論?那就是世上自由最珍貴。

We can, therefore, come to the conclusion that nothing is so precious as freedom in the world.

48. 如果我們能做到如上所述?毫無疑問地?...

If we can do as mentioned above, there can be no doubt (that)子句

例：如果我們能做到如上所述?毫無疑問地?我們就能精通英語。

If we can do as mentioned above, there can be no doubt that we can master English

49. 因此?這就是...的原因。

Thus, this is the reason why

例：因此?這就是我重感冒的原因。

Thus, this is the reason why I caught a bad cold.

50. 所以?我們應該了解...

Therefore, we should realize (that)子句

例：所以?我們應該了解學英文不能沒有字典。

Therefore, we should realize that in learning English we cannot do without a dictionary.

51. 因此?由上列的討論我們可以明瞭...

We, therefore, can make clear from the above discussion (that)子句

例：因此?由上列的討論我們可以明瞭毅力可以克服任何困難。

We, therefore, can make clear from the above discussion that perseverance can overcome any difficulty.

52. 1. 從~觀點來看?... From the ~ point of view, ...

2. 根據~的看法?... According to ~ point of view, ...

例：從政治的觀點來看?這是一個很複雜的問題。

From the political point of view, it is a very complex problem.

让你的英文增色的好句子

1. Time flies.

时光易逝。

2. Time is money.

一寸光阴一寸金。

3. Time and tide wait for no man.

岁月无情；岁月易逝；岁月不待人。

4. Time tries all.

时间检验一切。

5. Time tries truth.

时间检验真理。

6. Time past cannot be called back again.

光阴一去不复返。

7. All time is no time when it is past.

光阴一去不复返。

8. No one can call back yesterday; Yesterday will not be called again.

昨日不复来。

9. Tomorrow comes never.

切莫依赖明天。

10. One today is worth two tomorrows.

一个今天胜似两个明天。

11. The morning sun never lasts a day.

好景不常；朝阳不能光照全日。

12. Christmas comes but once a year.

圣诞一年只一度。

13. Pleasant hours fly past.

快乐时光去如飞。

14. Happiness takes no account of time.

欢娱不惜时光逝。

15. Time tames the strongest grief.

时间能缓和极度的悲痛。

16. The day is short but the work is much.

工作多，光阴迫。

17. Never defer till tomorrow that which you can do today.

今日事须今日毕，切勿拖延到明天。

18. Have you somewhat to do tomorrow, do it today.

明天如有事，今天就去做。

19. To him that does everything in its proper time, one day is worth three.

事事及时做，一日胜三日。

20. To save time is to lengthen life.

节省时间就是延长生命。

21. Everything has its time and that time must be watched.

万物皆有时，时来不可失。

22. Take time when time cometh, lest time steal away.

时来必须要趁时，不然时去无声息。

23. When an opportunity is neglected, it never comes back to you.

机不可失，时不再来；机会一过，永不再来。

24. Make hay while the sun shines.

晒草要趁太阳好。

25. Strike while the iron is hot.

趁热打铁。

26. Work today, for you know not how much you may be hindered tomorrow.

今朝有事今朝做，明朝可能阻碍多。

27. Punctuality is the soul of business.

守时为立业之要素。

28. Procrastination is the thief of time.

因循拖延是时间的大敌；拖延就是浪费时间。

29. Every tide hath its ebb.

潮涨必有潮落时。

30. Knowledge is power.

知识就是力量。

31. Wisdom is more to be envied than riches.

知识可羡，胜于财富。

32. Wisdom is better than gold or silver.

知识胜过金银，

33. Wisdom in the mind is better than money in the hand.

胸中有知识，胜于手中有钱。

34. Wisdom is a good purchase though we pay dear for it.

为了求知识，代价虽高也值得。

35.Doubt is the key of knowledge.

怀疑是知识之钥。

36.If you want knowledge,you must toil for it.

若要求知识，须从勤苦得。

37.A little knowledge is a dangerous thing.

浅学误人。

38.A handful of common sense is worth a bushel of learning.

少量的常识，当得大量的学问。

39.Knowledge advances by steps and not by leaps.

知识只能循序渐进，不能跃进。

40.Learn wisdom by the follies of others.

从旁人的愚行中学到聪明。

41.It is good to learn at another man' s cost.

前车可鉴。

42.Wisdom is to the mind what health is to the body.

知识之于精神，一如健康之于肉体。

43.Experience is the best teacher.

经验是最好的教师。

44.Experience is the father of wisdom and memory the mother.

经验是知识之父，记忆是知识之母。

45.Dexterity comes by experience.

熟练来自经验。

46.Practice makes perfect.

熟能生巧。

47.Experience keeps a dear school,but fools learn in no other.

经验学校学费高，愚人旁处学不到。

48. Experience without learning is better than learning without experience.

有经验而无学问，胜于有学问而无经验。

49. Wit once bought is worth twice taught.

由经验而得的智慧，胜于学习而得的智慧；一次亲身的体会，胜过两次的教师教导。

50. Seeing is believing.

百闻不如一见。

51. Business is the salt of life.

事业是生命之盐。

52. Business before pleasure.

事业在先，享乐在后。

53. Business makes a man as well as tries him.

事业可以考验人，也可以造就人。

54. Business neglected is business lost.

忽视职业便是放弃职业。

55. Never think yourself above business.

勿自视过高；不要眼高手低；永远不要认为自己是大才小用。

56. Business may be troublesome, but idleness is pernicious.

事业虽扰人，懒惰害更大。

57. He that thinks his business below him will always be above his business.

自命大才小用，往往眼高手低。

58. Do business, but be not a slave to it.

要做事，但不要做事务的奴隶。

59. Everybody's business is nobody's business.

众人的事就是无人过问的事。

60. Work makes the workman.

勤工出巧匠。

61. Better master one than engage with ten.

会十事，不如精一事。

62.A work ill done must be twice done.

首次做不好，必须重新搞。

63.They who cannot do as they would,must do as they can.

不能如愿而行，也须尽力而为。

64.If you would have a thing well done,do it yourself.

想把事情来做好，就得亲自动手搞。

65.He that doth most at once doth least.

什么都想一次做完，结果一件也做不完；贪多嚼不烂。

66.Do as most men do and men will speak well of thee.

照大多数人那样干，人们会把你称赞。

67.What may be done at any time will be done at no time.

在任何时候都可做的事情，总是在任何时候都不做的事情。

68.Better late than never.

迟做总比不做好。

69.Whatever is worth doing at all is worth doing well.

凡是值得做的事，就值得做好。

70.The shortest answer is doing the thing.

最简短的回答就是一个“干”字。

71.Action is the proper fruit of knowledge.

行动是知识之佳果。

72.Finished labours are pleasant.

完成工作是一乐。

73.It is lost labour to sow where there is no soil.

没有土壤，播种也是徒劳。

74.It is right to put everything in its proper use.

凡事都应用得其所。

75. Affairs that are done by due degrees are soon ended.

按部就班，事情很快就做完。

76. All work and no play makes Jack a dull boy.

只工作，不玩耍，聪明小孩也变傻。

77. Work bears witness who does well.

工作能证明谁做的好。

78. It is not work that kills, but worry.

工作不会伤身，伤身乃是忧虑。

79. He that will not work shall not eat.

不工作者不得食。

80. Business is business.

公事公办。

81. Deliberate slowly, execute promptly.

慢慢酌量，快快行动。

82. Put your shoulder to the wheel.

努力工作。

83. Never do things by halves.

做事不要半途而废。

84. In for a penny, in for a pound.

做事一开头，就要做到底；一不做，二不休。

85. Many hands make quick work.

人多干活快。

86. Many hands make light work.

众擎易举。

87. A bad workman quarrels with his tools.

技术拙劣的工人抱怨自己的工具。

88. Diligence is the mother of success.

勤奋是成功之母。

89.Idleness is the root of all evil.

懒惰乃万恶之源。

90.Care and diligence bring luck.

谨慎和勤奋带来好运。

91.Diligence is the mother of good fortune.

勤勉是好运之母。

92.Industry is fortune' s right hand,and frugality her left.

勤勉是幸运的右手，世俭是幸运的左手。

93.Idleness is the key of beggary.

懒惰出乞丐。

94.No root,no fruit.

无根就无果。

95.Idle people (folks) have the most labour (take the most pains).

懒人做工作，越懒越费力。

96.Sloth is the key of poverty.

惰能致贫。

97.Sloth turneth the edge of wit.

懒散能磨去才智的锋芒。

98.An idle brain is the devil' s workshop.

懒汉的头脑是魔鬼的工厂。

99.The secret of wealth lieth in the letters SAVE.

节俭是致富的秘诀。

100. An idle youth,a needy age.

少壮不努力，老大徒伤悲。