

托福写作：50 个高频实用词组

- 1) 密集的人口 dense population
- 2) 适应环境 adjust to the environment
- 3) 濒危动物 endangered species/ endangered animals
- 4) 对...过敏 be allergic to...
- 5) 有益于心理健康 good for mental health
- 6) 身体健康 physical fitness
- 7) 感染病毒 infect with the virus
- 8) 缺少... lack of/ be short of
- 9) 汽车尾气 automobile/ vehicle exhaust
- 10) 照顾残疾人 care for the disables
- 11) 导致不正常的气候 lead to abnormal climate
- 12) 对环境造成破坏 damage to the environment
- 13) 染上...病 catch...disease/ get ill/ get infected by AIDS/ bacteria/ virus
- 14) 从事医学研究 study on/ engage in medical research
- 15) 消耗能量 dissipate energy (dispend 驱散-dispensable-indispensable)
- 16) 消耗自然资源 consume natural resources/ the consumption of ...
- 17) 保护环境 protect the environment
- 18) 至于某人的疾病 as for someone' s disease
- 19) 严重的食物短缺 the serious shortage(excess) of food

- 20) 发展医疗技术 develop medical technology
- 21) 每天做运动 do sports everyday
- 22) 倾倒工厂废料 factory waste dumping/ dump industrial waste
- 23) 教育公众 educate the public
- 24) 环境污染 environmental pollution/ contamination
- 25) 体检 physical examination
- 26) 战胜疾病 overcome illness/ fight illness
- 27) 健康的饮食习惯 healthy eating habit
- 28) 高热量 high heat/ calorie
- 29) 在危急情况下 in emergent/ crisis situations
- 30) 在某人的自然状态下 In someone's natural state
- 31) 保持均衡的饮食 Maintain a balanced diet
- 32) 平局寿命 average lifetime
- 33) 降低某人的血压 reduce someone' s blood pressure
- 34) 降低某人的压力水平 reduce someone' stress levels
- 35) 管理医疗机构 medical institution management
- 36) 不可再生资源 non-renewable resources
- 37) 凭处方(手记) preion
- 38) 保护环境 protect the environment
- 39) 预防疾病 prevent disease

- 40) 禁止吸烟 no smoking/ smoking prohibited
- 41) 净化污染的空气 purify(pure) the air pollution
- 42) 摄取充足的营养 absorb/ take in adequate/ abundant nutrition(nutritional)
- 43) 痊愈，恢复 recover/ restore
- 44) 缓解人口过剩问题 alleviate the problem of overpopulation
- 45) 用尽资源 use up/ run out of resources
- 46) 挽救热带雨林 save tropical rainforest
- 47) 保持身体健康 keep fit/ keep in good health/ maintain physical fitness
- 48) 可持续能源 sustainable energy/ lasting energy resources.
- 49) 吃药 take medicine/ pills
- 50) 城市扩张 urban/ city expansion; urban sprawl